

July 2021



Chaplin Senior Center

132 Chaplin Street
Chaplin, CT 06235
860-455-1327

Lisa Kegler, Director
Bob Grindle & Dawn Gilbert, Kitchen
Ann Lewis, Municipal Agent

WELCOME BACK !!!

I can't tell you all how nice it is to have you all back in the center. We have an exciting line up of activities and programs this month, and would love to hear your suggestions for more in the future.

Welcome Back Lunch – Wednesday July 7th, we will have Bingo with special prizes starting at 9:45, followed by a wonderful made from scratch lunch at 11:45.

Chaplin Tax Collector – Don't forget the Chaplin tax collector will be at the Chaplin Senior Center on Thursday July 15th from 10:00 till 12:00.

Bust a Move – I hope you all will come out and join us for a wonderful evening with the **BeBobaLouBob Band** on Saturday July 24th, 5:00pm till 8:00. (see details inside)

K-9 Frisbee show – Wednesday, July 28th at 6:00pm (rain date August 4th 6pm) on the Senior Center lawn.

Membership Dues – Many of you have been asking about when we will be collecting dues. We decided not to start collecting till January 2022. If you feel strongly about paying them now, we will certainly except them.

Massage Therapy – I would like to know if we have enough interest in massage to bring Carlie back a couple times a month.

CURBSIDE PICKUP OR DINE IN LUNCHESES

CHAPLIN SENIOR CENTER

Every Monday and Wednesday

\$5.00 a meal

Pickups will be from 11:45 till 12:15

**You must call in your order on the Thursday before by 2:00pm
for Monday Lunch and call in on Monday before for
Wednesday lunch. 860-455-1327**

July 2021 Menu

Monday July 5th- NO LUNCH

**Wed. July 7th – Grilled Salmon, Roasted Potatoes, Tossed Salad
with Croutons and Bob's Famous Strawberry Pie**

**Monday July 12th- BBQ Chicken Quarter, Baked Beans, Potato Salad,
Cornbread and Dessert**

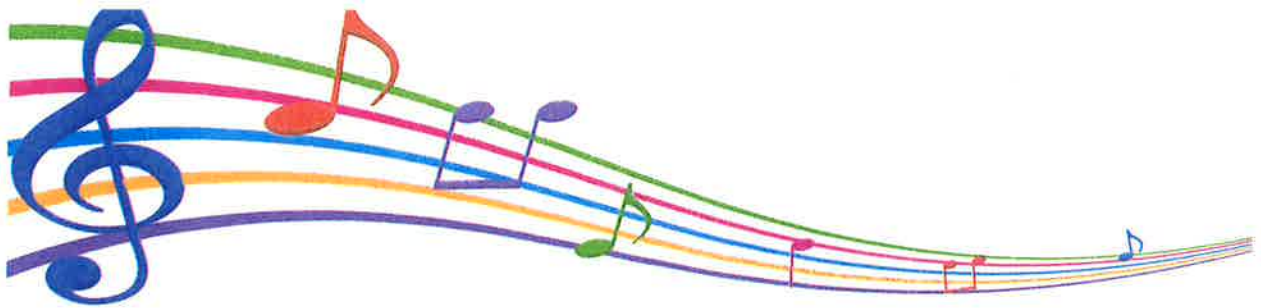
**Wed. July 14th- Beef Tenderloin Tips over Noodles, Vegetable,
Fresh Homemade Bread and Dessert**

**Monday July 19th- Breakfast for Lunch! Omelet w/ Bacon or Breakfast
Sandwich on a Bulky Roll, Home fries and Blueberry
Coffee Cake**

**Wed. July 21st - Grilled Rubeen on Rye, Pasta Salad, Cole Slaw and
Dessert**

**Monday July 26th- Meatball Grinder w/ Mozzarella Cheese, Cucumber
Salad and Dessert**

**Wed. July 28th- Pulled Pork on a Bulky Roll, Oven Fries, Cole Slaw
and Flan**



BeBobaLouBob Band

Bob Evert, Mark Reichard and CT's own Mike Morrisette

**Come and join us for a fun evening
filled with Music, Dancing and a wide
variety of Endless Appetizers along with
an Ice Cream Sundae Bar!!!**

BYOB

Saturday July 24th 5:00 till 8:00

**Under the Big Tent at the Chaplin
Senior Center**

\$12.00 per person

**Space under the tent is limited,
So call now to reserve your spot!**

860-455-1327

The band plays a variety of music old and new.

Chaplin Senior Center Monthly Calendar

July 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			1 8:00 - 9:00 Coffee Hour w/ Continental Breakfast 9:00 - 10:00 Sit & Stretch 10:00 Poker /Cards
5 Senior Center Closed for the 4th of July weekend.	6 9:00 - 10:00 Sit & Stretch 9:30 -11:30 Pickleball 9:30 Tai Chi 10:00 Memoir Writing 10:00 Mahjongg	7 9:30 - 11:30 Pickleball 9:45 - 11:45 Bingo 11:45 - 12:15 Lunch see Menu	8 8:00 - 9:00 Coffee Hour w/ Continental Breakfast 9:00 - 10:00 Sit & Stretch 10:00 Poker/ Cards
12 9:30 Wii Bowling 9:30 -11:30 Pickleball 11:00 Yoga 11:45 - 12:15 LUNCH see menu 12:30 - 2:00 Music Appreciation - Glen Campbell Concert on the big screen	13 9:00-10:00 Sit & Stretch 9:30 - Tai Chi 10:00 Memoir Writing 10:00 Mahjongg 10:00 Craft Class -Concrete Leaves 10:00 - 1:00 Municipal Agent	14 9:30 - 11:30 Pickleball 9:45 -11:45 Bingo 11:45-12:15 LUNCH see menu	15 8:00 - 9:00 Coffee Hour With Continental Breakfast 9:00 - 10:00 Sit & Stretch 10:00 Poker/Cards 10:00 Craft Class 10:00 - 12:00 Pay your taxes at the Chaplin Senior Center 1:00 - 2:30 Podiatry with Dr Morgan - call to schedule your appointment
19 9:30 Wii Bowling 9:30 - 11:30 Pickleball 11:00 Yoga 11:45 - 12:15 LUNCH see menu	20 9:00 - 10:00 Sit & Stretch 9:30 Tai Chi 10: 00 Memoir Writing 10:00 Mahjongg	21 9:30 - 11:30 Pickleball 9:45-11:45 Bingo 11:45 - 12:15 LUNCH see menu	22 8:00 - 9:00 Coffee Hour With Continental Breakfast 9:00 -10:00 Sit & Stretch 10:00 Poker/Cards 12:30 - 2:00 Movie And So It Goes - rated PG
26 9:30 Wii Bowling 9:30 - 11:30 Pickleball 11:00 Yoga 11:45 - 12:15 LUNCH see menu	27 9:00 - 10:00 Sit & Stretch 9:30 Tai Chi 10:00 Memoir Writing 10:00 Mahjongg 10:00 - 1:00 Municipal Agent	28 9:30 - 11:30 Pickleball 9:45 -11:45 Bingo 11:45 - 12:15 LUNCH see menu 6:00pm Central K9 Dogs Frisbee Exhibition & Hotdogs on the Senior Center lawn	29 8:00 - 9:00 Coffee Hour with Continental Breakfast 9:00 - 10:00 Sit & Stretch 10:00 Poker/Cards



**THE CHAPLIN TAX COLLECTOR WILL BE AT THE
CHAPLIN SENIOR CENTER**

For your convenience, the Chaplin Tax Collector will be at the Senior Center on Thursday, July 15th from 10:00am till 12:00pm.

If you are unable to make it on that day, you can mail a check payable to Chaplin Tax Collector to P.O. Box 944, Willimantic, CT 06226, along with a copy of your tax bill. You can also make payments online at www.chaplin.org with a credit or debit card. You can go into the office at 979 Main Street, Willimantic to pay in person. Please call the Tax Office at 860-465-3029 with any questions.

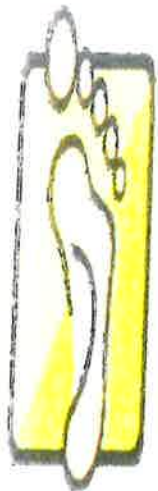
**Dr. Morgan the
Colchester Foot Specialist**

Thursday, July 15th, 2021 from 1-2:30pm.

Dr. Morgan will be here at the Chaplin Senior Center for your footcare needs every 10 weeks.

He is available by appointment ONLY. Appointments are every 15 minutes, please call to schedule your appointment.

860-455-1327



Podiatry

Don't forget to bring your insurance card!

Check out what's happening at The Chaplin Senior Center!

Wii Bowling - Every Monday at 9:30am. Let's get those Silver Foxes back in practice, and ready to take on the other area senior centers!

Pickleball - Every Monday and Wednesday 9:30am to 11:30am. Great way to have some fun and stay in shape all at the same time.

Yoga - Mondays at 11:00am to 12:00pm, in person and on Zoom. \$8.00 for members and \$10.00 for non-members.

Sit & Stretch - Every Tuesday and Thursday at 9:00am to 9:45am. In person and on Zoom. Only \$1.00 a class.

Tai Chi - Tuesdays 9:30, in person and on Zoom. \$5.00 a class.

Memoir Writing - Come in and share some memories with your friends every Tuesday at 10:00am in our cozy little lounge.

Mahjongg - Tuesdays 10:00am - 2:00pm, and Fridays 2:00pm - 6:00pm.

Bingo - Bingo is back every Wednesday, 9:45 - 11:45. Come in and try your luck, and maybe you will win some \$ to pay for lunch at 11:45!!!

Coffee Hour - Come hang out with your friends and catch up while enjoying a coffee and continental breakfast, every Thursday at 8:00am.

Poker/Cards - Thursdays at 10:00am. Do we have any gamblers in the group? As Kenny Rogers would say, you've got to know when to hold'em, know when to fold'em and know when to walk away.

Movies - Our first movie will be **And So It Goes** starring Michael Douglas and Diane Keaton. Rated PG. Thursday July 22nd, 12:30 - 2:00. Bring your snacks and beverages, and come hang out with your friends in the air conditioning, while enjoying a few laughs. I will fire up the popcorn maker!

Book Chat - Friday July 9th, 3:00pm-4:00pm. Join other book lovers under the big tent to chat about the books you have been reading recently, and maybe get some recommendations for something new to read.



The Library and Senior Center presents
Frisbee Exhibition with Central K9 Dogs

Wednesday, July 28th, at 6:00.

(Rain Date Wednesday, Aug 4th at 6pm)



No need to eat dinner first, you can purchase a hotdog, chips and a beverage all for \$5.00 starting at 5:30pm.

Come and join the fun on the Chaplin Senior Center lawn!!!

Who wants to learn how to make concrete leaves?

Join Lisa on Tuesday, July 13th at 10:00, outside at the center to get down and dirty. This is a messy class, so wear your old clothes.

This is a two day class, we will unveil our creations on Thursday July 15th at 10:00. Space is limited so call 860-455-1327 to sign up.

Cost for this class is \$5.00.

Music Appreciation

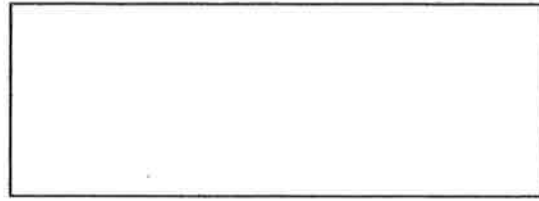
Come in and enjoy a concert with Glen Campbell and the South Dakota Symphony on the bring screen.

Monday July 12th at 12:30.

Come for lunch at 11:45, and stay for the show!!!

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For information call
860-455-1327



A Reminder: Chaplin's Municipal Agent for the Elderly, Ann Lewis, is available to answer any questions you may have about community resources and federal benefits. That includes things like food assistance, housing assistance, Medicare, social security, energy assistance, or in-home care needs. She is available at the Senior Center on the 2nd and 4th Tuesdays or by appointment. (860) 455-1327.