

August 2025

Chaplin Senior Center

132 Chaplin Street
Chaplin, CT 06235
860-455-1327

Lisa Kegler, Director
Linda Grindle, Asst. Director
Bob Grindle & Joyce St Lawrence, Kitchen
Shirley Rakos, Municipal Agent

Artists of the Month

Janice Leitch

I attended Massachusetts School of Art (Massachusetts College of Art). Was married soon after college and put painting on hold for about four decades while raising a large family.

Around 2010, I reinvented myself as an artist embracing the visual beauty of rural New England. I have always been fascinated by the subtle nuances of light and shadow of the wild land and coastal regions of the East Coast. Large water birds have recently become a favorite subject.

My work has been exhibited at various shows and galleries winning numerous awards. It has also been featured in two calendars. My work can best be described as 'realism with touches of impressionism'



Brian Tracy

Attended Quinebaug Valley Community college graduated with an Associate in Fine Arts. I was on the Dean's List numerous years. I also went to ECSU and UCONN where I received a Bachelor of Fine Arts. I earned several rewards including New England Scholarships. I am a member of the National Honor society of PHI KAPPA PHI.

I have been an artist all my life starting in December 1947. I like painting in oils and watercolors. I paint mostly rural farm scenes, barns and outbuildings as they are disappearing.

Every year I pick one of my paintings to become my Christmas card for that year. It's a bit of work but they are popular with family and friends.

I also submit a painting to the Hampton gazette for their annual calendar.

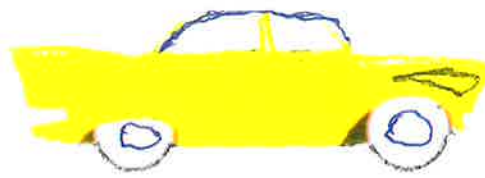
CURBSIDE PICKUP OR DINE IN LUNCHES

CHAPLIN SENIOR CENTER

Every Monday and Wednesday. \$7.00 for members and \$8.00 for non-members. Pickups will be from 11:45 till 12:15. Dining in starts at noon. You must call in your order on the Thursday before by 2:00 for Monday lunch and call in on Monday before for Wednesday lunch.

August 2025 Menu

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|--------------------------------------|--|
| Monday Aug. 4th - | BBQ Chicken Quarter, Potato Salad,
Baked Beans & Lemon Square |
| Wed. Aug. 6th - | Philly Steak Sandwich, Pasta Salad,
Potato Chips & Ice Cream Social under the Tent |
| Monday Aug. 11th - | Triple Salad Plate – Tuna Salad, Egg Salad,
and Fruit Salad w/ Slider Roll, Tater Tots &
Strawberry Shortcake |
| Wed. Aug. 13th - | Chicken Parmesan, Mashed Potatoes,
Green Beans, Dinner Roll & Carrot Cake |
| Monday Aug. 18th - | Pot Luck Picnic – We supply the Hot Dogs,
Hamburgers and Drinks. Sign up to bring a
Side dish or Dessert. Dine In Only Under the Tent |
| Wed. Aug. 20th - | New England Clam Chowder, Crab Cakes w/
Tarter Sauce, Cole Slaw & Coconut Cream Pie |
| Monday Aug. 25th - | Grilled Chicken Pasta Salad, Roasted Carrots,
Corn Bread & Caramel Brownie |
| Wed. Aug. 27th - | Bacon or Vegetable Quiche, Home Fried Potatoes
Fruit Salad & Crumb Cake |



Car Show

Chaplin Senior Center

132 Chaplin Street, Chaplin

Tuesday, August 5th (Rain Date Aug. 12th)

5:30pm - 7:30pm

**FREE HAMBURGERS, HOTDOGS, CHIPS and
DRINKS**

Music of your Memories with the PO'M




This is a free and fun event and open to the
entire community.

Sponsored by the Chaplin Senior Center



Chaplin Senior Center Monthly Calendar

August 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
4 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 11:00 Yoga 11:45-12:15 LUNCH see menu	5 9:00-9:45 Fit & Fun 10:00-2:00 Mahjongg Car Show 5:30-7:30 	6 9:00-12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH & Ice Cream Social under the tent. 12:30-2:00 Mexican Train 	7 8:00 Breakfast Club 9:00-9:45 Fit & Fun 10:00-1:00 Massage Therapy by appt. 860-455-1327 10:00-11:00 Fall Prevention Presentation
11 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 11:00 Yoga 11:45-12:15 LUNCH see menu	12 9:00-9:45 Fit & Fun 10:00-2:00 Mahjongg 10:00-1:00 First Aid Class register at 860-455-1327	13 9:00-12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu	14 8:00 Breakfast Club 9:00-9:45 Fit & Fun 10:00-1:00 Massage Therapy by appt. 860-455-1327 10:00-2:00 Fall Prevention Appointments 860-455-1327
18 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 11:00 Yoga POT LUCK PICNIC LUNCH & Entertainment by Bruce John 11:45 	19 9:00-9:45 Fit & Fun 10:00-2:00 Mahjongg 10:00-1:00 Tax Collector	20 9:00-12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu 12:15 Karaoke	21 8:00 Breakfast Club 9:00-9:45 Fit & Fun 9:15-3:00 Hair Care with Cindi 860-455-1327 10:00-1:00 Massage Therapy by appt. 860-455-1327
25 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 10:00-2:00 Massage Therapy by appt. 860-455-1327 11:00 Yoga 11:45-12:15 LUNCH see menu	26 9:00-9:45 Fit & Fun 10:00-2:00 Mahjongg	27 9:00-12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu	28 8:00 Breakfast Club 9:00-9:45 Fit & Fun 10:00-1:00 Massage Therapy by appt. 860-455-1327





Please join us for a **FREE** presentation:

Fall Prevention in our Quiet Corner!

- ❖ Learn how to identify your personal risk factors for a fall.
- ❖ Learn self-help strategies to reduce your risk of falling.
- ❖ Learn how to get the help you need to stay **Independent!**

Program Date: Thursday August 7th, 10:00am – 11:00am

Chaplin Senior Center

Please sign-up soon, space is limited!

***This informative program will help you stay
Safe & Independent!***

Support provided by Senior Resources Agency on Aging with Title III funds
made available under the Older Americans Act.





**THE CHAPLIN TAX COLLECTOR WILL BE AT THE
CHAPLIN SENIOR CENTER**

**For our Chaplin resident's convenience, the Chaplin Tax
Collector will be at the Senior Center on Tuesday,
August 19th from 10:00am till 1:00pm**

**ONLY CHECKS WILL BE ACCEPTED FOR PAYMENTS
DURING THIS VISIT. If you are unable to make it on this
day, other options for payment are:**

*** Mail it directly to: Chaplin Tax Collector, P.O. Box 944,
Willimantic, CT 06235**

*** Pay online at [Pay Tax Collector](#) and receive a receipt
via mail5**

*** Drop off at office in Willimantic at the Windham Town
Hall**

***Call the tax collector at (860) 456-3037 and pay with a
credit or debit card for a small vendor fee.**



POTLUCK PICNIC LUNCH UNDER THE TENT!

(In case of rain, will be held in the Function Room)

MONDAY AUGUST 18TH AT 11:45AM

**ENTERTAINMENT BY
BRUCE JOHN**



**SENIOR CENTER WILL PROVIDE THE BURGERS,
HOTDOGS AND DRINKS,
YOU BRING A SIDE DISH or DESSERT.**

NO CHARGE FOR MEMBERS, DINE IN ONLY.

PLEASE RSVP BY THURSDAY AUGUST 14th

860-455-1327



A Memoir by Pat Calvo

I REMEMBER FUN

That's right! I may be old and decrepit now but by golly, I remember fun. Sure I remember a few things from when I was a child, like playing with the kittens in the barn, riding old Nellie back to the barn, helping churn the butter. Yes, I'm that old. I didn't have a playmate till I was in school. We lived on a farm pretty much without neighbors so no children around. We had to make our own fun. I remember hopscotch. In later years I remember as teenagers the fun we had with swimming parties in the summer and ice-skating parties in the winter and sock hops at school. I remember roller skating every Friday night and bowling now and then. I remember drive-in movies. I remember sitting by the water reading a book. I remember fishing contests that I always won. That was fun. I remember rolling down a hill and not being too dizzy to stand up. I remember badminton. I remember waterskiing on the lake and the ocean, which made me seasick, but that was fun. But, right now I'm talking about fun as an adult. I remember all the camping trips and taking the kids to special kids' places in the summer. That was fun. Later on I remember what fun it was to take the snowmobiles off to wherever there was snow. We would be outside for hours in freezing cold dressed like a snowman. Even that was fun. It was the same idea in the summer only that was riding motorcycles every chance we got. That was really fun. I remember waiting for the kids to go to school so my neighborhood girl friends and I could get together and drink coffee while we played silly games like using the Ouija board and scaring ourselves to death. We moved a table across the floor one time. Yeah, that was fun. I remember sailing on a schooner in Hawaii and soaring the sky in a glider plane. I remember when we had tournaments with our guys playing some kind of board game or cribbage or other card games. They were fun. I remember putting the kids to bed early so we could have company over for house parties which usually ended up with more stupid games, like Twister which turns out is much more fun as an adult, especially if there's booze involved. I remember other fun things like staying up till 3:AM putting bicycles together on Christmas Eve. It may have been a chore at the time but now I remember it as fun. I remember Horsebarn Hill in the winter and toboggans and sleds. That was fun.

I remember having two knees that actually worked and supported two legs that let me walk and dance. That was fun. I remember painting pictures with a steady hand and that was fun. Now I consider walking like a duck and getting up out of chair with only three tries and without peeing or farting as fun. I remember kisses and hugs and being young, and that was fun.



Basic First Aid Class

Tuesday August 12th 10:00am - 1:00pm

\$30.00 cash

Certified Instructor - Shelia Clark

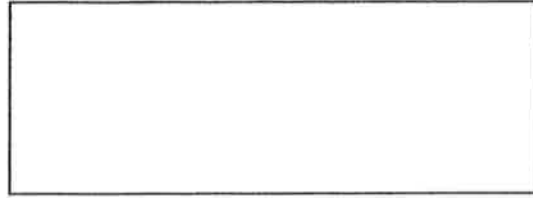
ASHI Basic First Aid was created to help students develop basic first aid knowledge, skills and the confidence to respond. The program is an excellent choice for both the community and workplace setting, and conforms to 2015 AHA and ARC Guidelines Update for First Aid.

Intended Audience - Individuals who are not healthcare providers or professional rescuers but desire or are required to be certified in basic emergency medical care.

Call 860-455-1327 to Register

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**For information call
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