

**Chaplin Senior Center Board of Directors  
Board Meeting of May 5, 2026  
Minutes**

**CALL MEETING TO ORDER**

Irene Schein called the meeting to order at 10:02 am,

**MEMBERS AND OTHER PRESENT, SEAT ALTERNATES IF NEEDED**

Members present: Irene Schein, Shirley Rakos, Robin Hoagland, Ann Lewis, Ellen Gillon, Crystal Gebhardt Coogan, Janice Godaire, Dawn Gilbert, Carl Linkkila, alternate Joyce St. Lawrence. All members present; no seating of alternates needed.

Non-members present: Lisa Kegler, Senior Center Director; Linda Grindell, Assistant Director.

Citizens Present: Jude Allen, Linden Weiss, Linda Roman

**ADDITIONS OR CHANGES TO THE AGENDA: None.**

**AUDIENCE FOR CITIZENS:** Citizens Jude Allen, Linden Weiss, Linda Roman participated in the discussion documented below about the types of personal and therapeutic services offered by the Senior Center.

**REVIEW AND ACT ON MINUTES OF APRIL 7, 2026**

Janice Godaire made a motion to approve the minutes of the meeting of April 7, 2026. Ellen Gillon seconded that motion. Discussion: Ellen Gillon stated that her name was omitted in discussion of raffle tickets. A correction will be made. Motion carried.

**OLD BUSINESS**

**DIRECTOR'S REPORT, ACTIVITIES, TRIPS, FACILITY UPDATE, PARKING LOT NEWS.**

Director Lisa Kegler reported on the month's activities. For the month of April the total number of guests was 853. There were 496 lunches served. The most well attended activities were Fit and Fun Exercise Group (133), Breakfast (71), Bingo (49), Mah Jongg (47), and Pickleball (41). Other activities held include yoga (36), Mexican Train (4), Memoir Group (7), massage (16), foot reflexology (20), Light therapy (19), Cell phone help (4), and Band (34).

The Special Revenue Account currently contains \$37,364.13. There are currently 433 members including one new member.

Lisa has been preparing for the Plant and Grinder sale to be held on May 9th. The display of raffle prizes has been set up. Plants are ready in the greenhouse. A total of 111 grinders have been ordered so far and the sign up ends Wednesday.

The annual Plant Swap will be held Saturday June 13, 10 am - 12 pm, rain or shine.

Day Kimbal Health at Home will be presenting a fall prevention exercise group on June 18, 10:15 - 11:15 am. Registration required.

Lisa shared with the Board an itemized quote for custodian services for various cleaning tasks and asked for input on which items the Board felt were needed at this time. There was discussion about the need for the various cleaning tasks (floor care, tile and grout cleaning, carpet cleaning, upholstery cleaning, window cleaning.) It was suggested that some items might be better cleaned after the parking lot project is completed. There was concern about proper care for the new floor (Lisa was told to only use water). Some felt that a thorough cleaning would be worthwhile especially of the bathrooms as the center gets a lot of use. It was decided that this decision would be tabled for now as nothing needs urgent cleaning.

Lisa reported that she doesn't know when the parking lot expansion project is being done. There are no trips planned for now.

#### ART COMMITTEE UPDATE

Ellen Gillon reported that the new art is up for May. Artists are lined up for June (Linda Gornan) and July (Scott Rhodes).

#### FINALIZE PLANS FOR THE PLANT AND GRINDER SALE

All plans are finalized. Volunteers are scheduled to help set up on Thursday and Friday.

#### NEW BUSINESS

a. CORRESPONDENCE: none

b. DISCUSS AND POSSIBLY ENACT GUIDELINES REGARDING THE TYPES OF SERVICES OFFERED AT THE SENIOR CENTER:

The Senior Center has added various personal and therapeutic services to its offerings over time (hair cuts, foot care, massage, red light therapy, foot reflexology, etc.). These are offered by various private contractors. However the Board has never discussed any criteria for what kinds of services the Center should offer. It was suggested that the Board review the mission statement to see how these therapeutic services apply to the mission.

Various concerns were expressed about the recently added red light therapy services including whether the provider was insured, that not a lot is known about this treatment and whether it is safe, about whether home or professional devices are being used, that there is no space in the center for the needed equipment, and that there may be a liability issue for something like this. Citizen Jude Allen shared that she was aware of a client with a seizure disorder who received the red light therapy on their eyes when this is medically contraindicated for people with seizure disorder. She was very concerned that this serious safety issue had occurred.

Linda Roman, the provider of the light therapy services spoke to these concerns. She handed out some information she put together about the Lumiceutical Harmonic Light System. She said that she is not insured or licensed and that she has her light therapy clients sign a waiver. It was suggested to Linda that she provide more information as to the proven medical evidence of the effectiveness and safety of the red light therapy.

The Board agreed that insurance should be required for any subcontractors offering personal or therapeutic services. Lisa Kegler stated that all the current providers of personal and therapeutic services are currently licensed and insured except for the provider of foot reflexology who is working on it and the provider of the light therapy.

Linda Roman, provider of the light therapy services, agreed to discontinue services at the Senior Center due to the concerns expressed by the Board. She stated that clients can come to other facilities where she offers these services.

The Board agreed that it needs to have a way to be sure that all services being offered are safe and being carried out by providers that are trained, licensed, and insured. Lisa Kegler suggested that any new personal and/or therapeutic services that the Center might want to offer should come through the board for discussion. The Board members agreed with this plan.

#### SUGGESTION TOPICS FOR NEXT REGULAR MEETING ON TUESDAY JUNE 2, 2026, 10AM SENIOR CTR

At the next meeting the Board would like to discuss the costs associated with the plant sale and reimbursing Lisa and Pete Kegler for the time and resources they put into the plant sale.

ADJOURNMENT: The meeting was adjourned at 10:40 am.

Respectfully submitted,  
Ann Lewis