

# October Program Schedule at Goodwin Conservation Center

## **Guided Hike to Orchard Hill**

**Sunday, October 5<sup>th</sup>**

**12:00pm-4:00pm**

This is another lengthy hike for those who want to get out and explore more of the extensive trail system in Goodwin State Forest. This time we will check out the Orchard Hill Overlook and abandoned farmstead. This was one of James Goodwin's favorite spots for family picnics. This roughly 7-mile hike is an opportunity to see the further reaches of the State Forest, enjoy the company of fellow hikers and get some great outdoor exercise. Goodwin Docent Elaine Koza will lead us on this hike. Elaine has completed all the New England 4000+ foot elevation hikes, and has hiked all the highest peaks in the 48 contiguous states. Elaine hikes with her Australian Sheppard, Shalee. Friendly dogs are welcome to join the hike.

## **Use Your Senses!**

**WalkCT Family Ramble**

**Sunday, October 5<sup>th</sup>**

**2:00pm-4:00pm**

Seeing is believing but what about smelling, touching and hearing? Naturalist Emma Lorusso will take us on a walk through Goodwin State Forest and help us use all 5 of our senses to experience the wonder of the woods. We will sniff good smells, bad smells, we will hear high chirps in the trees and low burps in the swamp as we take our tour

## **Painted Turtles are Beach Animals**

**Tuesday, October 7<sup>th</sup>**

**10:00am-12:00pm**

Learn more about the summer time behavior of the *Eastern Painted Turtle*. If they could, they would sing "We all live for the Sun." Besides sunshine, what other conditions seem to influence their turnout and appearance on rocks and logs along fresh water shorelines? How do air temperature, water temperature, relative humidity, cloud cover, atmospheric pressure, as well as sunshine influence the presence of Eastern Painted Turtles? Join Master Naturalist Program participant, veteran teacher, and award winning writer, Bill Powers, in examining and interpreting data from new, local Painted Turtle observations.

## **Nature Crafts Series: Paper Making**

**Monday, October 13<sup>th</sup>**

**12:00pm-2:00pm**

Throughout history humans have always felt the desire to record our stories and memories. First papyrus was used in 2400 B.C. by Egyptians until 105 A.D. when the first recorded process of traditional paper was created in China by mashing mulberry bark, cloth and help in water until they were reduced to a pulp. When the water was drained away the dried fibers created paper! Since then we have gotten much more efficient at creating paper, but we can still use the same ancient techniques to make our own paper out of recycled material! Join us for an afternoon of ancient crafting! You may chose to bring your own special materials (colored paper, string, dried flowers) but all materials will be provided!

## **Senior Walk**

**Tuesday, October 14<sup>th</sup>**

**12:00pm-2:00pm**

These are easy to moderate but still casual walks taken on forest trails. These walks are a great opportunity to get outside, learn something new and maybe even meet a few new friends. These walks are very popular, and not just for seniors! All are welcome. Hiking sticks are available to borrow.

## **Nature Crafts: Leaf Art**

**Tuesday, October 21<sup>st</sup>**

**4:00pm-6:00pm**

Autumn is the perfect time of year to collect wonderfully-colored leaves. But, have you ever used fall leaves to make a picture? Bring your imagination and using glue, paper, and leaves you will collect, you will make a stunning collage of animals, scenes, or even just abstract colors to take home and frame! All materials will be provided, just bring your imagination! Recommended for ages 6 and above.



# October Program Schedule at Goodwin Conservation Center

**Creepy Crawlers  
Children's Discovery Program  
Saturday, October 25<sup>th</sup>  
10:00am-12:00pm**

Scared of spiders? Don't be, they are something to respect not fear. They are not to be messed with none the less! Join Connecticut Conservation Ambassador Michael Grady as we look into myths and misconceptions about spiders. Although there are many spiders in Connecticut alone we will focus on the big ones that are the best known like the wolf spider and garden spider. Don't be scared and join us October 25 at 10 for a walk in the world of eight legged arachnids!

**Trick-or-Tree-t: Sounds of the Woods  
Sunday, October 26<sup>th</sup>**

**Tours every 30 minutes from: 6:00pm-8:00pm**

The screeches and screams of the forest is enough to spook anyone! In fact many of our ghost stories probably came from misinterpreting the screams from the real creatures in the woods! That isn't to say that the animals of the forest aren't scary—they are just! Join us for a spOoOooky flashlight tour at Goodwin State Forest, to hear the sounds of the creatures of the night! Perhaps we'll even get to catch a glimpse of one of these elusive creatures---but don't get too close!

**Trick-or-Tree-t : Sounds of the Woods  
Monday, October 27<sup>th</sup>**

**6:00pm-8:00pm**

**Tours every 30 minutes from: 6:00pm-8:00pm**

The screeches and screams of the forest is enough to spook anyone! In fact many of our ghost stories probably came from misinterpreting the screams from the real creatures in the woods! That isn't to say that the animals of the forest aren't scary—they are just! Join us for a spOoOooky flashlight tour at Goodwin State Forest, to hear the sounds of the creatures of the night! Perhaps we'll even get to catch a glimpse of one of these elusive creatures---but don't get too close!

**Wicked Plants! : Poisonous & Deadly Plants**

**Tuesday, October 28<sup>th</sup>**

**4:00pm-6:00pm**

In spirit with the Halloween season this program will highlight all the wicked and evil characteristics of the plants around us! Adapted from the book "Wicked Plants: The weed that killed Lincoln's Mother & Other Botanical Atrocities" by Amy Stewart. We will take a closer look at all the perilous plants that we could encounter every day! Watch out!

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**Nature Crafts: Leaf Stamping**

**Saturday, November, 8<sup>th</sup>**

**2:00pm-4:00pm**

Leaves come in so many shapes and sizes; large and broad to tiny and dainty; jagged edges to smooth margins—no matter what they look like, there are endless possibilities of creating art with them! Join us as we create our own personalized handkerchiefs with leaf stamping! All materials will be provided, just bring your imagination! You may choose to bring your own materials to stamp with; t-shirts, canvas bags, etc; but that is not necessary! Recommended for ages 6 and above.

**Let's Letterbox!**

**WalkCT Family Ramble**

**Thursday, November 13<sup>th</sup>**

**1:00pm-3:00pm**

A letterbox hike is like a treasure hunt through the woods! Follow simple directions and find the hidden location of the letterbox. This fun and educational program will teach children (and adults!) how to use an orienteering compass, pace distances, and follow simple directions. Bring a rubber stamp, ink pad and small notebook if you would like. Compasses will be provided.

