

July 2024



Chaplin Senior Center

132 Chaplin Street
Chaplin, CT 06235
860-455-1327

Lisa Kegler, Director
Linda Grindle, Asst. Director
Bob Grindle & Dawn Gilbert, Kitchen
Shirley Rakos, Municipal Agent

Artist of the Month

SUMMER EXHIBIT: A RETROSPECTIVE OF PATRICIA BROWNE (1937-2011)

Our featured artist for July and August is the late Patricia Browne. A native of England, she lived in the United Kingdom until adulthood. She studied at the Ipswich University School of Art and the Royal College of Art in London, where she received several degrees. She was also the recipient of numerous artistic awards in England and the United States after moving to New England in 1974. Her work is included in many private, corporate, and Museum collections in the United States and Europe. The majority of her work was as a watercolorist. Her subjects included the natural world, homes, porches, barns, and animals. Pat painted for everyone. She believed art should be affordable and offered many small originals at reasonable prices. She participated for many years in the Open Studio Tours and Artists in the Country and gave art lessons in her home and at various institutions. She was supported and loved by many people in our local communities of Chaplin and Hampton where she lived for many years, but particularly by her students. She was full of warmth, wit, and grace.

Senior Center will be closed on Wednesday, July 17th for a bus trip to Dodd Stadium to watch the Norwich Sea Unicorns baseball game!!

Senior Farmer's Market Nutrition Program - We have a limited number of farmer's market benefit cards available to those who are eligible.

Call Lisa at 860-455-1327 to see if you qualify.

Seed Library - Don't forget to start saving your flower and vegetable seeds for the seed library at the Chaplin Public Library.

Line Dancing - We will be taking the summer off from Line Dancing and starting up again on September 5th.

We have a member who is crafting bedding, blankets and hammocks for orphaned wildlife babies. We are collecting cotton, flannel, fleece, upholstery material and thread if you have any extra hanging around.

CURBSIDE PICKUP OR DINE IN LUNCHES

CHAPLIN SENIOR CENTER

Every Monday and Wednesday. \$6.00 for members and \$8.00 for non-members. Pickups will be from 11:45 till 12:15. Dining in starts at noon. You must call in your order on the Thursday before by 2:00pm for Monday lunch and call in on Monday before for Wednesday lunch.

July 2024 Menu

Monday July 1st - Taco Stuffed Tomatoes, Taco Chips, Guacamole, Sour Cream, Pineapple Rice & Caramel Cake

Wed. July 3rd - Grilled Hot Dog on a Bun, Baked Beans, Potato Salad & Chocolate Cream Pie

Monday July 8th - Chicken Caesar Salad, Oven Fries & Carrot Cake

Wed. July 10th - Pulled Pork Sandwich, Cole Slaw, Potato Chips & Strawberry Shortcake

Monday July 15th – Cobb Salad w/ Grilled Chicken, Zucchini Bread & Fruit Pizza

Wed. July 17th - Senior Center Closed

Monday July 22nd – Philly Cheese Steak Sandwich, Garden Salad & Dessert

Wed. July 24th - Baked Meat Loaf, Mashed Potatoes, Vegetable, Dinner Roll & Dessert

Monday July 29th - Meat Lovers or Vegetarian Pizza, Pasta Salad & Rhubarb Custard Cake

Wed. July 31st - Baked Potato Bar w/ Chili, Broccoli, Sour Cream and Cheese Sauce. Dinner Roll & a Cookie

TAKE ME OUT TO THE BALL GAME!!

Jul 17
Dodd Stadium

New
Britain
Bees



VS

11:00 AM



Norwich
Sea
Unicorns

Wednesday July 17th

\$15.00 a person

Watch the game from a LUXURY SUITE!

Includes Hotdog, Chips & Water

Transportation (school bus)

9:30am Departure from Chaplin Senior Center

3:00pm approximate return time.

Limited space, so sign up ASAP!!

Chaplin Senior Center Monthly Calendar

July 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
1 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 11:00 Yoga 11:45-12:15 Lunch see menu	2 9:00-9:45 Fit & Fun 10:00 Memoir Group 10:00-2:00 Mahjongg	3 9:00-12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu 12:30-2:00 Mexican Train	4 SENIOR CENTER CLOSED Independence Day!!
8 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 11:00 Yoga 11:45-12:15 LUNCH see menu	9 9:00 - 9:45 Fit & Fun 10:00 Memoir Group 10:00-2:00 Mahjongg 10:00-1:00 Municipal Agent	10 9:00 - 12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu	11 8:00 Breakfast Club 9:00 -9:45 Fit & Fun 9:15-2:00 Haircuts w/ Cindi Call 860-455-1327 for appt. 10:00-1:00 Massage Therapy by appt. 860-455-1327
15 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 11:00 Yoga 11:45-12:15 LUNCH see menu	16 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 10:00 Memoir Group 10:00-2:00 Mahjongg	17 SENIOR CENTER CLOSED Baseball Game Trip!!!	18 8:00 Breakfast Club 9:00-9:45 Fit & Fun
22 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 10:00-2:00 Massage Therapy by appt. 860-455-1327 11:00 Yoga 11:45-12:15 LUNCH see menu	23 9:00 - 9:45 Fit & Fun 10:00 - Memoir Group 10:00-2:00 Mahjongg 10:00-1:00 Municipal Agent	24 9:00 - 12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu	25 8:00 Breakfast Club 9:00-9:45 Fit & Fun 10:00-1:00 Massage Therapy by appt. 860-455-1327
29 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 11:00 Yoga 11:45-12:15 LUNCH see menu	30 9:00-9:45 Fit & Fun 10:00 Memoir Group 10:00-2:00 Mahjongg	31 9:00-12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu	



Something for Everyone here at The Chaplin Senior Center !!



Fit & Fun

Monday, Tuesday & Thursday

9:00am - 9:45am

Great Exercise for all Abilities



Pickleball

Monday & Wednesday

9:00am - 12:00pm

Mexican Train



The First Wednesday of each month

12:30pm - 2:00pm

東南 Mahjongg

Tuesdays 10:00am - 2:00pm



Gentle Yoga

Monday 11:00am - 12:00pm

\$8.00 for members

\$10.00 for non-members



Memoir Group

Tuesday 10:00am - 12:00pm

Come and share your stories!!



BINGO

Wednesday 9:45am - 11:45am

Win Cash Prizes!!

DIANA'S POOL

By Muriel Lucas

Each time I drive over the bridge that spans the Natchaug River on Route #198 in South Chaplin so many fond memories of days gone by come to mind. Here is Diana's Pool which was a favorite swimming spot.

In the 1930's my Mom and Dad would bring my brothers John and Fred and me for a day at the pool. Limits were set as to where we could swim, and it was quite the thing when we were allowed to swim out to the middle and locate the big rock to stand on. I loved to float around and around in the pool. The boys' goal was to dive from the big rock!

As the years went by we made many friends there. When I started dating Art in 1947 this was our favorite spot. To pack a picnic lunch and spend the day there was a great date. Of course I always tried to bake a favorite dessert, usually apple pie, believing in that old saying that "the way to a man's heart is through his stomach".

After Art and I married and as our children came along in the 50's and 60's they all learned to swim there. Summer holiday parties were usually planned at our house on Route #198 so that anyone wishing to swim could go to Diana's Pool. Picnic tables and chairs under our apple tree with a nice campfire going made for many great Fourth of July and other celebrations.

We usually had a baseball game going or maybe played croquet. One of the nicest things was when the campfire cooled down and darkness came. Then everyone was ready to toast marshmallows. Some singing would start and go on to conclude a perfect day.

Now in 2011 "No Swimming" is allowed at the pool. Still many fond memories come to my mind of the "good old days" at Diana's Pool!





Arlene's Travel Troops Presents...

"TROPICANA ATLANTIC CITY"

on the famous Boardwalk in Atlantic City, NJ
3 Days/2 Nights - October 15-17, 2024
with **ELTON JOHN & CHER** Tribute Bands
TWO SHOWS and \$100 back in Value!

PACKAGE INCLUDES:

- Round Trip Deluxe Motor Coach
- 2 Nights Accommodations at the TROPICANA World Class Casino Resort Hotel
- \$50.00 in SLOT BONUS!
- \$50.00 (\$20, \$20 and \$10 increments)
- 2 Fantastic SHOWS
#1 ELTON JOHN Tribute w/Band
#2 Ultimate CHER Tribute with Band
(Two evening Shows begin at 8pm)
- Occupancy Taxes
- Hotel Baggage Handling
- Drivers Gratuity



\$336.00

DOUBLE occupancy
Prices are Per Person
\$316 Triple \$436 Single

DEPOSIT of \$75 at Sign Up

CANCELLATION PROTECTION
Available for **ONLY \$39 per person**
at sign up only (Form on Back)

Balance due: September 13, 2024



*Please BOOK Early
This packaged Event has
SOLD OUT for the past 9*

For Reservations:
Arlene Goodwin
(860) 208-5111
abgoody@yahoo.com

YES, everyone gets \$50 in SLOT, and \$50 in Food and TWO Shows at the TROPICANA RESORT! The BEST Casino value!!



Checks Payable to:
Arlene Goodwin
Mail to:
Arlene Goodwin
294 Horse Hill Rd
Ashford, CT 06278



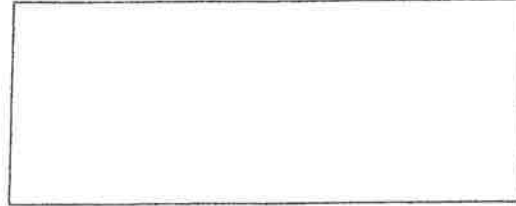
BUS DEPARTS: 7:30AM
Ashford Senior Center
2nd Pick Up at 8:00AM
WALMART,
North Windham, CT
Returns at Approx. 9 & 9:30pm



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For information call
860-455-1327



Saturday Morning Walking Club

8:30am meeting time.

We will be walking the Airline Trail in Hampton.

**Park at the Estabrooks Road end and walk toward
Station Road.**

**Followed by a visit to the Hampton General Store for
those who may crave an after walk treat!!**

