

May 2024

Chaplin Senior Center

132 Chaplin Street
Chaplin, CT 06235
860-455-1327

Lisa Kessler, Director
Linda Grindle, Asst. Director
Bob Grindle & Dawn Gilbert, Kitchen
Shirley Rakos, Municipal Agent



Artist of the Month - Ann D. Williams

Form and movement coupled with a strong emphasis on tactile surfaces are the heart of my current art works. I have always been lured by the beauty of natural forms, and the textural tapestry that nature creates.

Through the use of a wide range of media: painting, printmaking, weaving, paper and ceramic sculptures, I create the movement and textural beauty I find in rock ledges, nesting abodes, water flow, and plant life here in New England.

In the creative process, I allow the materials to converse with one another. Using the mediums of painting and printmaking I create layers of color, line, and shape with movement. In the tapestry pieces, the roughness of sisal and horsehair gently intertwine with the softness of wool and cotton. A strong three-dimensional effect is derived using various knotting and looping techniques. Layering of paper pulp over horsehair and suede produce a textural identity with the lava fields I experienced in Costa Rica. Castings in paper create hollow plant like forms that beckon the viewer into a quiet world that echoes the preciousness of nature. Creating undulating forms in ceramic sculptures take the viewer into nature's inner sanctum.

In the process of creating the art works, I value the time it takes to experiment with various materials, such as handmade paper, clay, glass woven threads and layering in 2 dimensional media as it gives me the chance to forge an energy, and character from these materials, crafting each work as the material requires. Most of all, there is a peace in working with diverse materials that creates a shelter for the soul.

Please join Ann on Monday, May 13th at 12:30pm for her art reception.

Massage with Carlie - There are still some openings on Monday, May 13th to sign up for a massage. (table or chair) \$30.00 for ½ hr and \$50.00 for 1hr. Call 860-455-1327 to make your appointment.

Reminder - The Senior Center will be closed on Monday, May 27th for Memorial Day!!

CURBSIDE PICKUP OR DINE IN LUNCHES

CHAPLIN SENIOR CENTER

Every Monday and Wednesday. \$6.00 for members and \$8.00 for non-members. Pickups will be from 11:45 till 12:15. Dining in starts at noon. You must call in your order on the Thursday before by 2:00pm for Monday lunch and call in on Monday before for Wednesday lunch.

May 2024 Menu

- Wed. May 1st - Taco Stuffed Tomato w/ Ground Beef, Cheddar Cheese, Guacamole, Pineapple Rice, Tortilla Chips and a Caramel Brownie**
- Mon. May 6th - BBQ Chicken w/Potato Salad, Cole Slaw, Corn Bread and Dessert**
- Wed. May 8th - Meatloaf, Mashed Potatoes w/Gravy, Peas, Dinner Roll and Devil's Food Cake**
- Mon. May 13th - American Chop Suey w/ Garlic Bread, Tossed Salad and Dessert**
- Wed. May 15th - Grilled Chicken on a Bulkie Roll, Cole Slaw, Potato Chips and Dessert**
- Mon. May 20th - Baked Stuffed Shells w/Garlic Bread, Tossed Salad and Dessert**
- Wed. May 22nd - Grilled Pork Chops, Scalloped Potatoes, Vegetable Dinner Roll and Dessert**
- Mon. May 27th - SENIOR CENTER CLOSED – MEMORIAL DAY!!**
- Wed. May 29th - Bacon Cheese Burger on a Roll w/Lettuce & Tomato, Oven Fries and Lemon Squares**



Plant and Grinder Sale
Chaplin Senior Center



Saturday May 11th, 10:00am till 12:30

Rain or Shine!!

**We will have a nice assortment of plants to purchase including
Vegetable, Herbs, Flowers, Hanging Baskets and Houseplants!**

A Raffle with a great variety of Prizes!!

**We will also be selling Grinders for \$10.00
curbside pick up.**

**We will be offering Turkey, Ham, Italian Combo and
Vegetarian with a variety of veggies. All grinders can be made
with lettuce or cabbage, tomato and provolone cheese. (No
condiments)**

Please call the center at 860-455-1327

By 2:00 on Wednesday May 8th to place your order.



Chaplin Senior Center Monthly Calendar

May 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
		1 9:00-12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu 12:30-2:00 Mexican Train 12:30-1:30 Qigong	2 8:00 Breakfast Club 9:00-9:45 Fit & Fun 10:00-1:00 Massage Therapy by appt. 860-455-1327 10:30-11:45 Line Dancing
6 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 11:00 Yoga 11:45-12:15 LUNCH see menu	7 9:00 - 9:45 Fit & Fun 10:00 Memoir Group 10:00-2:00 Mahjongg 10:00-1:00 Municipal Agent	8 9:00 - 12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu 12:30-1:30 Qigong	9 8:00 Breakfast Club 9:00 -9:45 Fit & Fun 10:30-11:45 Line Dancing
13 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 10:00-2:00 Massage Therapy by appt. 860-455-1327 11:00 Yoga 11:45-12:15 LUNCH see menu 12:30 Art Reception	14 9:00-9:45 Fit & Fun 10:00 Memoir Group 10:00-2:00 Mahjongg	15 9:00 - 12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu 12:30-1:30 Qigong	16 8:00 Breakfast Club 9:00-9:45 Fit & Fun 10:00-1:00 Massage Therapy by appt. 860-455-1327 10:30-11:45 Line Dancing
20 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 11:00 Yoga 11:45-12:15 LUNCH see menu	21 9:00 - 9:45 Fit & Fun 10:00 - Memoir Group 10:00-2:00 Mahjongg 10:00-1:00 Municipal Agent	22 9:00 - 12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu 12:30-1:30 Qigong	23 8:00 Breakfast Club 9:00-9:45 Fit & Fun 10:30-11:45 Line Dancing
27 Senior Center Closed for Memorial Day!!	28 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 10:00 Memoir Group 10:00-2:00 Mahjongg	29 9:00-12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu 12:15 Dixie Cats 12:30-1:30 Qigong	30 8:00 Breakfast Club 9:00-9:45 Fit & Fun

DON'T FORGET THE

PLANT AND GRINDER SALE

SAT. MAY 11th 10:00 - 12:30



Come and Join us for a fun afternoon with the

Dixie Cats

Dixieland Jazz Band!!

Take a walk down memory lane and come listen to some of your favorite old tunes.

Wed. May 29th at 12:15pm.

Join us for lunch first at noon.

Only \$6.00

Bacon Cheese Burger on a Roll w/ Lettuce & Tomato, Oven Fries and Lemon Squares

Call 860-455-1327 to sign up for lunch by Mon. May 27th.





YEE-HAW !!

Who is up for some Line Dancing?

Thursdays 10:30 - 11:45am

Chaplin Senior Center

\$24.00 for 4 weeks

**Due to popular demand a new 4 week
session will start on May 9th.**

Discover the joy of line dancing with our beginner-friendly classes! You'll grasp the essential steps and patterns that form the foundation of line dancing, all while having a great time! Our dance sessions feature a diverse selection of music genres, including pop, big band, oldies, Latin and R&B in addition to country. Designed specifically for beginners, the class offers introductory level dances. Join us in this delightful dance journey!

Call Lisa at 860-455-1327 to sign up !!



Let's Get Down And Dirty!

Plant & Seed Swap Party!

**Presented by the Chaplin Senior Center and the
Friends of the Chaplin Public Library**

Sat. June 15th 10:00 to 12:00

Under the Big Tent!

132 Chaplin Street, Chaplin CT.

GAMES WILL BE PLAYED AND SNACKS WILL BE SERVED

BRING SOME PLANTS TO SHARE WITH THE GROUP

AND GO HOME WITH SOME NEW ONES

LABEL YOUR PLANTS

DIG PLANTS AT LEAST A FEW DAYS IN ADVANCE

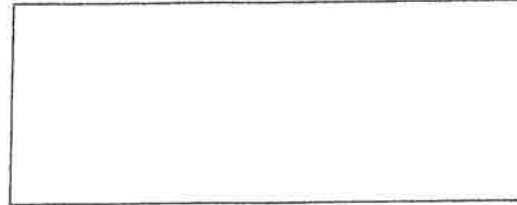
PLANTS SHOULD BE WELL WATERED

AND IN CONTAINERS

Please no exchanging until instructed.

Chaplin Senior Center
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For information call
860-455-1327



Saturday Morning Walking Club

8:30am meeting time.

**For the month of April we will walk the Airline Trail in
Hampton.**

**Park at the Estabrooks Road end and walk toward
Station Road.**

**Followed by a visit to the Hampton General Store for
those who may crave an after walk treat!!**

