

April 2023

Chaplin Senior Center

132 Chaplin Street
Chaplin, CT 06235
860-455-1327

Lisa Kegler, Director
Linda Grindle, Asst. Director
Bob Grindle & Dawn Gilbert, Kitchen
Ann Lewis, Municipal Agent



The Chaplin Senior Center has a new art hanging system. We will be displaying the art work of a different artist every month. So come by and check out the pieces we have on display each month!!

Artist of the Month - April's artist will be Christina Hammon, Painter and Pyrography artist. "My work consists of inspiration drawn from nature and utter worship of the cosmos, where we connect with the ancient, our primordial elemental origins. I paint what I see and acknowledge its significance in our world. I work with a number of mediums and paint my experience and connection in the existence we all share. This results in an amalgamation of foraging inspired pieces, local landscapes of a naturalistic theme, celestial works and my own spiritual ideology. I paint from the heart, mind and spirit as I experience them". Christina's Art will be displayed at the Chaplin Senior Center for the month of April 2023.

Opening Reception April 6th, Thursday, 7:00pm-8:30pm. OPEN TO ALL

Garden Club - We would like to know if there is any interest in starting a Garden Club here at the center. Please call Lisa at 860-455-1327 if you are interested.

Podiatry - Dr Morgan the Colchester foot Specialist will be at the center on Wednesday April 5th, at 1:00pm. We still have a few appointments available. Give us a call to get on the schedule.

Massage with Carlie - We still have a couple openings for massage on Monday April 3rd. \$30.00 for a ½ hour and \$50.00 for an hour. Call now to schedule your appointment.

Quick Fix Hair Care - Cindi will be at the center on Thursday May 4th from 9:00 till 2:00 for all your hair care needs. Call 860-455-1327 to schedule your appointment.

CURBSIDE PICKUP OR DINE IN LUNCHES

CHAPLIN SENIOR CENTER

Every Monday and Wednesday. \$6.00 for members and \$8.00 for non-members. Pickups will be from 11:45 till 12:15. Dining in starts at noon. You must call in your order on the Thursday before by 2:00pm for Monday lunch and call in on Monday before for Wednesday lunch.

April 2023 Menu

- | | |
|---------------------------------------|---|
| Monday April 3rd - | Chicken Pot Pie, Cole Slaw, Dinner Roll & Dessert |
| Wed. April 5th - | Baked Ham w/ Sliced Pineapple, Scalloped Potatoes, Sliced Beets, Dinner Roll & Banana Cream Pie |
| Monday April 10th - | Senior Center Closed |
| Wed. April 12th - | Chicken Parmesan w/ Mashed Potatoes, Sauteed Green Beans, Dinner Roll & Dessert |
| Mon. April 17th - | Philly Steak & Cheese Sandwich w/Onions & Peppers on a Toasted Steak Roll, Cole Slaw, Potato Chips & Dessert |
| Wed. April 19th - | Baked Meatloaf w/ Mashed Potatoes and Gravy, Peas & Carrots, Dinner Roll and Lemon Cake |
| Monday April 24th - | Bacon Cheeseburger w/ Lettuce, Tomato, Dill Pickle, Pasta Salad & Ice Cream |
| Wed. April 26th - | Meat Lasagna, Tossed Salad, Garlic Bread and Brownie |

Fisherman's Breakfast

At the Chaplin Senior Center 7:00am - 9:00am

Chaplin Rec. Fishing Derby

At Darling Pond Garrison Park 8:00am - 10:00am

Saturday April 22nd

Come by the Senior Center and grab breakfast
to go before heading to the park!

**BREAKFAST SANDWICH, HOME FRIES, FRESH
FRUIT AND BLUEBERRY COFFEE CAKE!**

ONLY \$6.00

Curbside Pickup Only

Please call the center at 860-455-1327 to preorder by 2:00pm on
Thursday April, 20th.

Three Divisions

5 years old and under

6-10 years old

11-15 years old

Prizes for the

Biggest fish

(weight) in each division



Chaplin Senior Center Monthly Calendar

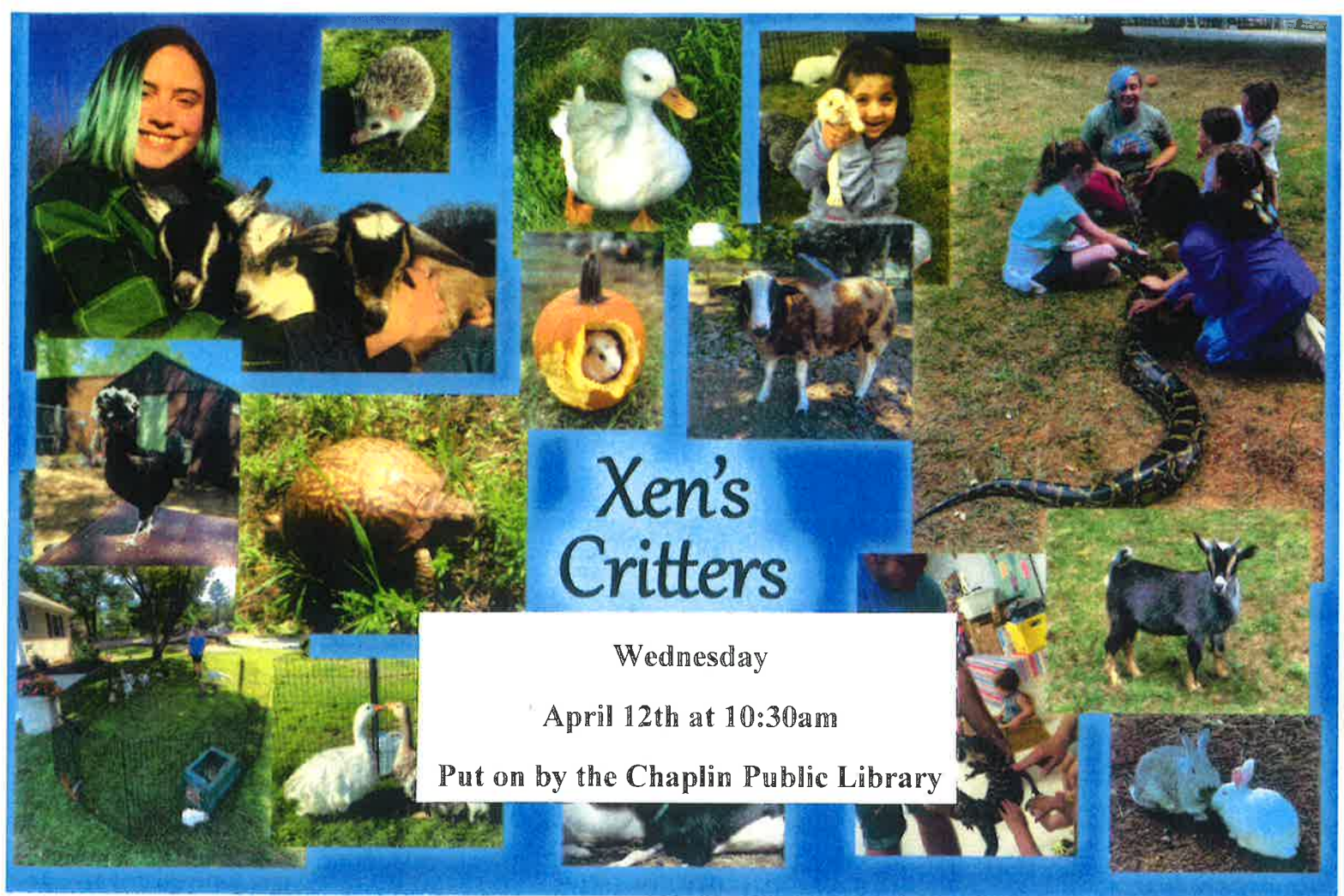
April 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
3 9:00-10:00 Fit & Fun 9:00-12:00 Pickleball 10:00 Card Making w/ Linda 10:00-2:00 Massage by Appt. 11:00 Yoga 11:45-12:15 LUNCH see menu	4 9:00-10:00 Fit & Fun 10:00 Board Meeting 10:00 Memoir Group 10:00-2:00 Mahjongg	5 9:00-12:00 Pickleball 9:45 - 11:45 Bingo 11:45-12:15 LUNCH see menu 1:00 - Podiatry call for appt.	6 8:00 Continental Breakfast 9:00 - 10:00 Fit & Fun 11:30-1:00 Ladder Toss 1:00-2:00 Tai Chi
10 Senior Center Closed for Easter Weekend!	11 9:00 - 10:00 Fit & Fun 9:00-12:00 Pickleball 10:00 Memoir Group 10:00 Make a plant hanger w/ Crystal 10:00-2:00 Mahjongg 10:00-1:00 Municipal Agent	12 9:00 - 12:00 Pickleball 9:45 - 11:45 Bingo 10:30 Xen's Critters - Library 11:45 - 12:15 LUNCH see Menu	13 8:00 Continental Breakfast 9:00 - 10:00 Fit & Fun 10:00-1:00 Massage Therapy by appt. Call 860-455-1327 11:30-1:00 Ladder Toss 1:00-2:00 Tai Chi
17 9:00- Fit & Fun 9:00-12:00 Pickleball 10:00 Wii Bowling 10:00-11:00 Psychic Medium call for appt. 11:00 Yoga 11:45-12:15 LUNCH see menu	18 9:00-10:00 Fit & Fun 10:00 Memoir Group 10:00-2:00 Mahjongg	19 9:00 - 12:00 Pickleball 9:45 -11:45 Bingo 11:45-12:15 LUNCH see Menu	20 8:00 Continental Breakfast 9:00- 10:00 Fit & Fun 11:30-1:00 Ladder Toss 1:00-2:00 Tai Chi
24 9:00-10:00 Fit & Fun 9:00-12:00 Pickleball 10:00 Wii Bowling 11:00 Yoga 11:45-12:15 LUNCH see menu	25 9:00 - 10:00 Fit & Fun 10:00 - Memoir Group 10:00-2:00 Mahjongg 10:00-1:00 Municipal Agent	26 9:00 - 12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu	27 8:00 Continental Breakfast 9:00-10:00 Fit & Fun 10:00-1:00 Massage Therapy by appt, call 860-455-1327 11:30-1:00 Ladder Toss 1:00-2:00 Tai Chi

**DON'T FORGET THE
FISHERMAN'S BREAKFAST
SATURDAY APRIL 22ND**

CALL 860-455-1327 TO PLACE YOUR ORDER!!





LADDER TOSS

Every Thursday 11:30am to 1:00pm in the multifunction room.

What is Ladder Toss you ask???

A fun and exciting game that is fun for everyone, consisting of two upright ladders with three rungs, fifteen feet apart. The game is played by throwing bolas (two balls connected by a string) onto the rungs of the ladder to add up points. First team to reach exactly 21 points wins the game.

WE WILL KICK OFF OUR FIRST WEEK APRIL 7TH WITH A PIZZA PARTY !!!

CRAFT CLASSES

Card Making with Linda

Monday April 3rd at 10:00am



Make a Plant Hanger with Crystal

Tuesday April 11th at 10:00am

**Make one for yourself and make one for the Senior Center Plant Sale!!
Save your straight sided jars and bring them with you.**

Saturday Morning Walking Club (9:00am at the destination)

April 1st - Ct Airline Trail in Hampton. Park at the Estabrooks Road end and walk toward Station Road.

April 8th - Ct Airline Trail, Rt. 203 in North Windham.

April 15th - Ct Airline Trail, Chewink Rd. toward Hampton. Park at the intersection of Chewink and Lynch Roads.

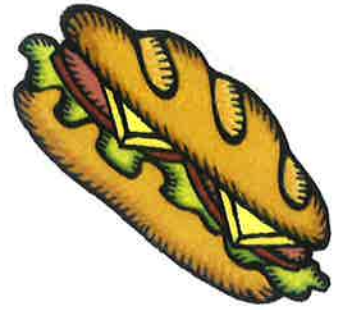
April 22nd - **NO WALK - FISHERMAN'S BREAKFAST !!!**

April 29th - Bujack Lane. Right off Tower Hill Rd. just past the Russ Cemetery. Park along side of the road in front of the Bernard Church Woods sign.





Plant and Grinder Sale Chaplin Senior Center



Saturday May 13th, 10:00am till 12:30

Rain or Shine!!

**We will have a nice assortment of plants to purchase including
Vegetable, Herbs, Flowers, Hanging Baskets and Houseplants!**

**We will also have some super cute handmade gifts to
purchase for Mom this Mother's Day!!**

**We will also be selling Grinders and a Cookie
for \$8.00 curbside pick up.**

**We will be offering Turkey, Ham, Italian Combo and
Vegetarian with a variety of veggies. All grinders can be made
with lettuce or cabbage, tomato and provolone cheese. (No
condiments)**

Please call the center at 860-455-1327

By 2:00 on Wednesday May 10th to place your order.



Chaplin Cleanup Day

April 15, 2023 (Saturday)

Our annual town cleanup day is here again. We hope you will participate and encourage your friends and neighbors to participate in making Chaplin an even better place to live. For the most up-to-date information, please view our web site at

<http://chris.komuves.org/cleanup/>

Our goal is to have as many people as possible clean up a section of road or other public area in Chaplin. Here's how to participate:

1. Go to the website and choose an area that you or your household / organization are willing to clean up.
2. Email a note to cleanup@komuves.org with the following:
 - Your Name(s)
 - The area you'll be cleaning up (if part of a road, give intersections or house numbers of ends)
 - (Limited Availability) You can also request to borrow a trash pickup tool or high visibility safety vest (include size of S, M, L, XL, XXL). If you do, please also provide your phone number. You can pick these up outside from my home on Bedlam Rd.
3. On or before April 16, perform the cleanup. Plastic trash bags and gloves will be available at the Chaplin Town Hall. If you come across anything too large for you to manage, let us know, and we'll ask the town to deal with it. For the weekend of April 16, there will be a dump truck at the Town Hall parking lot, into which you can deposit trash from the cleanup (please do NOT bring personal trash).
4. After the cleanup, send any comments, reports, or photos that you want to share about what you found to cleanup@komuves.org. These will be published on the cleanup web page.

For questions or comments, contact Chris Komuves at cleanup@komuves.org or (860) 455-9839.