

June 2024

Chaplin Senior Center



132 Chaplin Street
Chaplin, CT 06235
860-455-1327

Lisa Kegler, Director
Linda Grindle, Asst. Director
Bob Grindle & Dawn Gilbert, Kitchen
Shirley Rakos, Municipal Agent

Artist of the Month – Paul Winfrey

Paul started painting in school and was always encouraged by his mom. He uses watercolors and satin acrylic poster paint. Using photos from magazines and books he creates his fanciful fish.

Paul has always been a fisherman. He enjoyed fishing aboard a charter boat in Maine on the Shamrock. In South Carolina he mostly fished from shore, and in CT for strippers, carp, trout, and small mouth bass. In school Mr. Eccleston taught Paul about painting. Since high school Paul considers himself self-taught through TV shows. He learned from Guy Harvey about salt water fish, and Bob Ross who excelled in scenery lakes and oceans.

Paul's brother Charlie says while its true Paul may not be able to ride a bike, drive a car, or learn mathematics, he does know a lot about fish and animals. He learns from marine and art shows on TV. His cousin (who he has dubbed Ellie) is proud of his diligence and enthusiasm for everything fish. Paul has had art shows at Uncas on the Thames and Harkness State Park. He has artwork on display for years in the Commodore Room and Captains Quarters at the Groton Regency where Paul resides.

Lunch Reminders - As the lunches become more and more popular, here are a few reminders to help the kitchen and the entire lunch process run smoothly. As always you must call in your order on the Thursday before by 2:00pm for Monday lunch and call in on Monday before for Wednesday lunch. If you need to change your lunch from pick up to dine in and vice a versa, please let us know by 9:00am that morning. It is also very helpful if you pay as you enter before lunch.

CURBSIDE PICKUP OR DINE IN LUNCHES

CHAPLIN SENIOR CENTER

Every Monday and Wednesday. \$6.00 for members and \$8.00 for non-members. Pickups will be from 11:45 till 12:15. Dining in starts at noon. You must call in your order on the Thursday before by 2:00pm for Monday lunch and call in on Monday before for Wednesday lunch.

June 2024 Menu

- | | |
|--------------------------------------|---|
| Monday June 3rd - | Beef Stew, Cole Slaw, Fresh Biscuit & Lemon Bar |
| Wed. June 5th - | Chicken Parmesan w/ Mashed Potatoes, Corn, Garlic Bread and Dessert |
| Monday June 10th | Grilled Sausage w/Onions and Peppers on a Grinder Roll, Macaroni Salad, Potato Chips and Dessert |
| Wed. June 12th - | Meat Lasagna, Garden Salad, Garlic Bread and Chocolate Chip Cookie |
| Monday June 17th - | Meatball Grinder, Potato Salad, Potato Chips & Rhubarb Custard Cake |
| Wed. June 19th - | NO LUNCH – Senior Center Closed |
| Monday June 24th - | BBQ Chicken Quarter, Baked Beans, Pasta Salad and Strawberry Shortcake |
| Wed. June 26th - | Italian Grinder or Vegetable Grinder, Cole Slaw And Apple Pie |



Let's Get Down And Dirty! Plant & Seed Swap Party!

**Presented by the Chaplin Senior Center and the
Friends of the Chaplin Public Library**

Sat. June 15th 10:00 to 12:00

Under the Big Tent!

132 Chaplin Street, Chaplin CT.

GAMES WILL BE PLAYED AND SNACKS WILL BE SERVED

BRING SOME PLANTS TO SHARE WITH THE GROUP

AND GO HOME WITH SOME NEW ONES

LABEL YOUR PLANTS

DIG PLANTS AT LEAST A FEW DAYS IN ADVANCE

PLANTS SHOULD BE WELL WATERED

AND IN CONTAINERS

Please no exchanging until instructed.

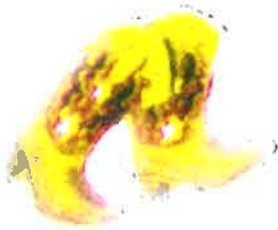
Chaplin Senior Center Monthly Calendar

June 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
3 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 11:00 Yoga 11:45-12:15 Lunch see menu	4 9:00-9:45 Fit & Fun 10:00 Memoir Group 10:00-2:00 Mahjongg	5 9:00-12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu 12:30-2:00 Mexican Train	6 8:00 Breakfast Club 9:00-9:45 Fit & Fun 9:15-2:00 Haircuts with Cindi by appt. 860-455-1327 10:30-11:45 Line Dancing
10 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 11:00 Yoga 11:45-12:15 LUNCH see menu	11 9:00 - 9:45 Fit & Fun 10:00 Memoir Group 10:00-2:00 Mahjongg 10:00-1:00 Municipal Agent	12 9:00 - 12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu	13 8:00 Breakfast Club 9:00 -9:45 Fit & Fun 10:00-1:00 Massage Therapy by appt. 860-455-1327 10:30-11:45 Line Dancing
17 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 10:00-2:00 Massage Therapy by appt. 860-455-1327 11:00 Yoga 11:45-12:15 LUNCH see menu 12:30 Art Reception	18 9:00-9:45 Fit & Fun 10:00 Memoir Group 10:00-2:00 Mahjongg	19 SENIOR CENTER CLOSED Juneteenth Day	20 8:00 Breakfast Club 9:00-12:00 Pickleball 9:00-9:45 Fit & Fun 10:30-11:45 Line Dancing
24 9:00-9:45 Fit & Fun 9:00-12:00 Pickleball 11:00 Yoga 11:45-12:15 LUNCH see menu	25 9:00 - 9:45 Fit & Fun 10:00 - Memoir Group 10:00-2:00 Mahjongg 10:00-1:00 Municipal Agent	26 9:00 - 12:00 Pickleball 9:45-11:45 Bingo 11:45-12:15 LUNCH see menu	27 8:00 Breakfast Club 9:00-9:45 Fit & Fun 10:00-1:00 Massage Therapy by appt. 860-455-1327 10:30-11:45 Line Dancing

Qigong

**We will be taking a break for the summer from Qigong.
We will hope to start up again in the fall.**



Line Dancing

The next 4 week session will be starting June 6th.

\$24.00 for 4 weeks.



Chaplin Community Harmony Singers

Here is an update of your talented local group of singers! We have enjoyed two successful outings performing at the new Windham Senior Center in Willimantic in both December 2023 and April 2024. A grateful thank you to all who participated in selecting the music in preparation, and a big thank you to those who were brave and sang with zeal to entertain!

We will be exploring TV theme songs from back in the early days of black and white television. We will meet in June and July on Thursday mornings at 10 am in the Chaplin Senior Center to prepare.

Our performance goal is July 18th, 2024. You may text Ellen at 860-455-0468 with suggestions or comments. Meanwhile,

Happy Trails To You Until We Meet Again!!

Chaplin Public Library

Xen's Critters

Wednesday, June 12th

10:30am under the tent

(if poor weather, event will be indoors)



Meet Xen and her critters! Some are cute and cuddly, and some are creepy crawly, including guinea pigs, a hedgehog, a turtle, a snake, and more! All ages welcome.

For more information, please call the library at 860-455-9424 or visit the website www.chaplinpubliclibrary.org. The library is located at 130 Chaplin St. in Chaplin, CT.



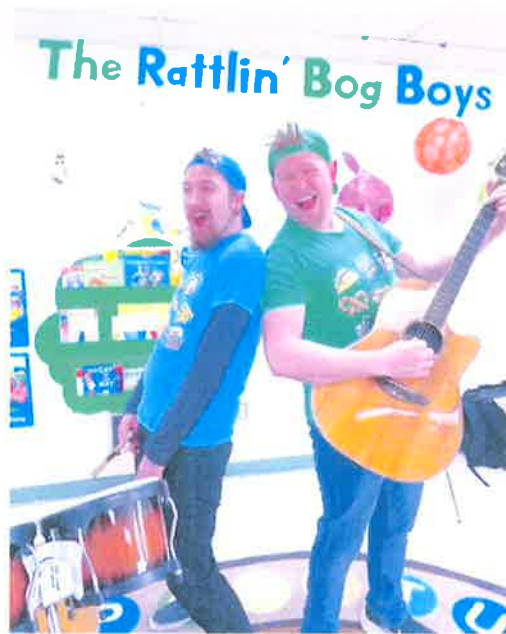
**MAKE
MUSIC**
JUNE 21

The Rattlin' Bog Boys

Friday, June 21st 5:00 – 6:30pm

Chaplin Public Library

Under the Tent on the Lawn (indoors if raining)



June 21st is Make Music Day all around the world! Meet The Rattlin' Bog Boys, a dynamic duo of two best friends Caleb Cooper and Mike Laber, who play an array of fun-filled children's songs for the whole family. Refreshments will be provided. Weather permitting, this will be held under the tent outdoors. Bring a blanket and enjoy the music!

For more information, please call the library at 860-455-9424 or visit the website www.chaplinpubliclibrary.org. The library is located at 130 Chaplin St. in Chaplin, CT.

MEMORIES – Our First Camping Adventure

When you're young and have children there is never enough time or money for anything so you learn to make do, compensate, figure it out. This was when we decided on the spur of the moment we wanted to go to Niagara Falls for our very first "family vacation". Without a thought we packed up our 6-week-old son and our 65-pound dog into our very small sports car and off we went. We figured we would get there in one day, visit and then go home the next day therefore only needing a motel room for one night. Talk about naive.

In those days (60s) there were no cell phones, no GPS. The only way you found a destination was with the old-fashioned paper maps that were not always accurate (and to this day I can't read). This of course was our only choice. We made it to the state of New York before we managed to get off course and were nowhere near our destination. By that time it was getting dark & there were no motels in sight, so finding a place to stay before it got dark was a priority. Turned out there was a lot of farmlands in the area and we spotted a large empty field bordered with woods and we just pulled in where we could get slightly out of sight. Of course we hadn't planned on camping so aside from the PB&J sandwiches and snacks there were no needed amenities. Dog and baby were no problem. We had at least thought ahead on that one.

Just before it got really dark a very disgruntled bib-jeans wearing and mean looking farmer arrived and asked what we thought we were doing in his field. We explained our dilemma and he took on a whole new attitude when he saw we had an infant with us. He gave us permission to stay the night provided we left at first light and even told us how to get back on the right road. He also mentioned there was an animal farm down the road if we wanted to visit it.

Sleeping was a problem because of the very small car. I slept across the seats with the gearshift up my butt and my hubby slept with the dog underneath the car. All night we could hear the noises from "the animal farm" and the dog kept pacing and mumbling. Needless to say it was a sleepless night.

In the morning we were on the road at dawn to find breakfast and the first thing we saw was a billboard advertising the "animal farm" which was only 25 miles down the road. What? Twenty-five miles? But we heard them all night!! Apparently what we heard were bears, real wild bears not zoo bears. No wonder the poor dog was mumbling!!

Finally we did find Niagara but were foiled once again by distance and by the time we got there it was midnight and that (in those days) is when they shut off the lights, so we never did to this day actually get to see Niagara Falls. This time we did find a motel for the rest of the night and couldn't wait to beat feet home the next morning.

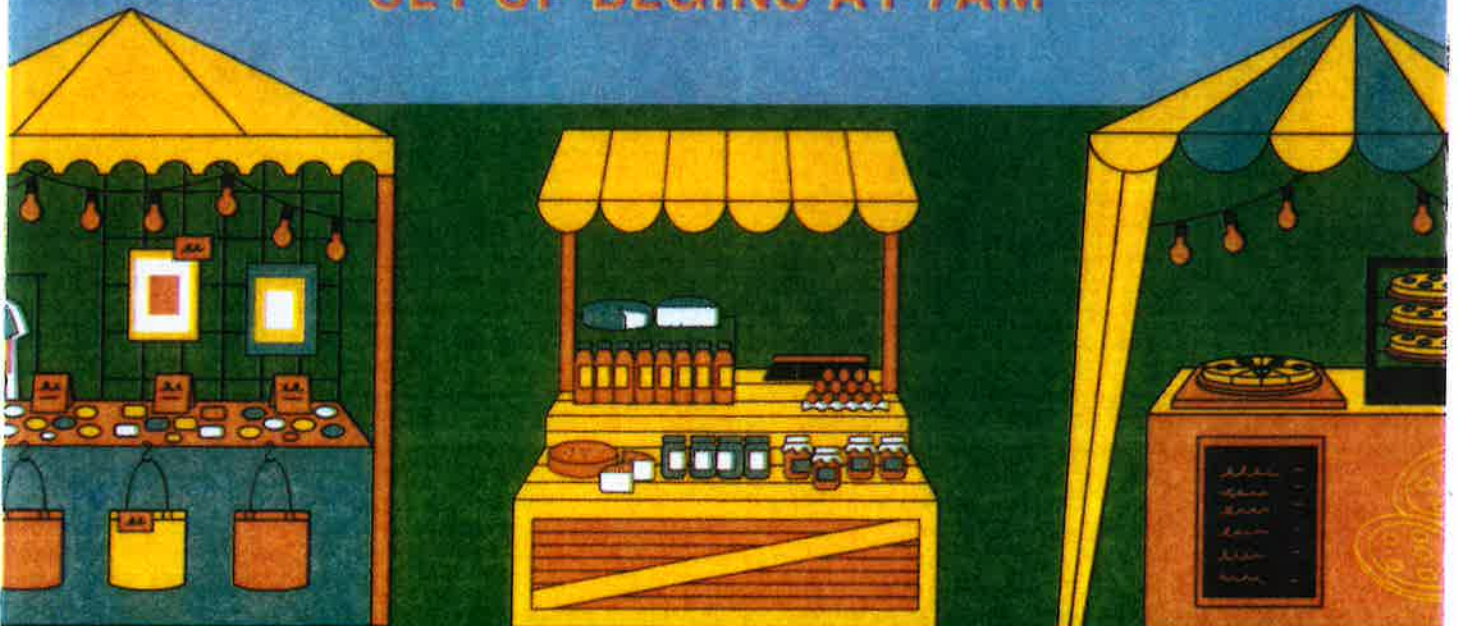
Pat Calvo-1

CHAPLIN RECREATION COMMISSION

FLEA MARKET

SATURDAY JUNE 1ST AT GARRISON PARK
CHAPLIN CT 8AM-2PM
ONLY \$5 A SPACE!

DEADLINE TO REGISTER MAY 15TH
LIMITED SPACES AVAILABLE UNDER
THE PAVILION. VENDORS WELCOME!
RAIN OR SHINE
SET UP BEGINS AT 7AM



TO REGISTER SCAN QR CODE

FOR MORE INFO CONTACT DAVE (860)576-2574
OR DSTONE@CHAPLINCT.ORG

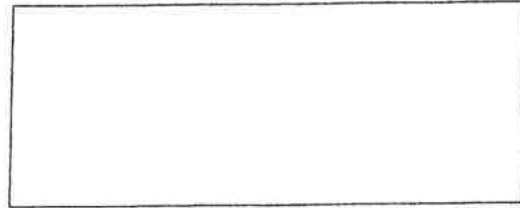


REGISTER AT

[HTTPS://FORMS.GLE/D646TLTYMHTBUYMV7](https://forms.gle/D646TLTYMHTBUYMV7)

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Chaplin, CT 06235

For information call
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Saturday Morning Walking Club

8:30am meeting time.

We will be walking the Airline Trail in Hampton.

**Park at the Estabrooks Road end and walk toward
Station Road.**

**Followed by a visit to the Hampton General Store for
those who may crave an after walk treat!!**

